



BRAH SUPERFOOD IS YOUR EXPERT IN TROPICAL SUPERFOODS. WE ARE PASSIONATE ABOUT BRINGING YOU HEALTHY. MOUTH-WATERING AND INNOVATIVE PRODUCTS THAT WILL FIT RIGHT INTO YOUR BUSINESS ENVIRONMENT! TO US EVERY MINUTE SPENT IN NATURE IS A BLESSING. SO WE MAKE SURE THAT OUR SOURCES ARE ENVIRONMENTALLY FRIENDLY AND PROTECT THE LOCAL COMMUNITIES. WE ARE A FAMILY BUSINESS BASED ON THE GOLD COAST, SUPPLYING NORTHERN RIVERS AND QUEENSLAND. IF YOU ARE LOOKING FOR HEALTHY, DELICIOUS AND TIME-EFFICIENT SUPERFOODS. CONTACT USI

NEGAN FRIER

GLUTFN ≫FRFF≪

ALI

NATURAL

HIGH IN

ANTIOXIDANTS

BOWL & JUICE



ALL MADE WITH REAL FRUIT AND VEGETABLES

GREEN (GREEN TEA, MINT, ORANGE, APPLE, CUCUMBER, KALE) Assists the body to eliminate harmful toxins in the body Provides a boost of energy

- (PAPAYA, PEACH, MANGO, APPLE, ORANGE, BETA ACEROLA, CARROT, MANDARIN, CUCUMBER)
- Rich in beta-carotene (vitamin A)
- Great for the skin as well as strengthens the immune system and promoting good eye health and vision
- (CRANBERRY, BASPBERRY, GINGER, APPLE, STRAWBERRY, PURPLE GRAPE, BLACKBERRY, BEETROOT, ACAI, BLUEBERRY)
- Rich in antioxidants
- Helps fight free radicals in the body, delays signs of aging, helps with mood disorders and protects the body against heart and memory problems

> 8KG BOX WITH 20X400G BAG (4X100G)



Acai Fino

CUPUAÇU

ACFROLA

GRAVIOLA

SOURSOP

AÇAİ

(AH-SIGH-EE)

Cupuaçu

COCONUT

CASHEW

Graviola

 Aids in weight loss, improves digestion, lowers cholesterol, strengthens the immune system and boost energy levels

Has high concentration of vitamin C & B, natural source
 of antioxidants as well as carotene and protein





- High concentration of antioxidants (30 times higher than any other berry)
- Has healing abilities and stimulates the immune system
- Energy booster
- Abundant source of vitamins A, C, B1, B2, B3, fatty and amino acids, and antioxidants
- Aids in healthy weight loss; It is also great for bones, ligaments and tendons
- Helps to fight free radicals (main responsible for various cancers)
- Increases the healthy cholesterol (HDL) in the body
- Promotes heart health
- Source of healthy proteins and various vitamins and minerals
- Rich in antioxidants, vitamin C, A, B1, B2 and B3
- Manages diabetes, delays signs of aging, promotes
 good digestion and boost the immune system
- Helps to regulate hormonal and metabolic processes in the body
- Powerhouse of proteins and essential minerals (calcium, magnesium, iron, zinc)
- Contains vitamin C, B1, B2, B3, B6, E, K
- Promotes healthy muscles & nerves, reduces risk of diabetes and its high concentration of vitamin C prevents from anemia, colds and flu
- High in vitamin B & C
- Shown benefits in the prevention and treatment of some forms of cancer
- Has anti-inflammatory properties, helping with pain

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